



Registration Brochure



Indiana State  
Department of Health

# Long Term Care

Leadership Conference

*Managing Incontinence Care*



**March 24, 2009**

**Indiana Convention Center • Indianapolis, IN**



# Long Term Care Leadership Conference

## *Managing Incontinence Care*



Indiana State  
Department of Health

### Invitation to the March 24, 2009 Leadership Conference

The Indiana State Department of Health (ISDH) invites you to attend the Indiana Long Term Care Leadership Conference, March 24, 2009 in Indianapolis. The ISDH is planning an outstanding program focusing on "Managing Incontinence Care." The ISDH invites you to join us as we address this important healthcare issue.

### Conference Topic: "Managing Incontinence Care"

Healthcare leaders on incontinence care will provide you with the tools and resources to improve your incontinence care program for your residents. It is our goal to assist long term care facilities to have excellent incontinence care programs. The conference will be an important opportunity to have dialogue on incontinence issues in long term care and improving the health of Hoosiers.

### About the Leadership Conference

The Indiana Long Term Care Leadership Conference is an initiative of the Indiana State Department of Health (ISDH). The ISDH plans two Leadership Conferences per year – one in the spring and one in the fall. Each conference is a one-day conference focusing primarily on a single issue.

The Leadership Conferences which began in June, 2007 have grown in attendance from 720 participants to over 1000 participants including the ISDH long term care surveyors. Attendees have been treated to outstanding presentations on falls management, reduction of pressure ulcers, behavior management and reduction of restraints, emergency preparedness planning, and were provided with a variety of educational and practical resources on all these topics.

The conferences are intended to bring together statewide healthcare leaders to promote important quality of care issues. This conference will include providers, surveyors, healthcare organizations, and individuals with significant interests in long term care. Each conference will:

- Provide updates on the long term care licensing and certification program
- Discuss quality of care initiatives and programs
- Discuss an ongoing regulatory issue with a goal of clarifying regulations and providing improved guidance on issues
- Provide best practices on quality of care
- Provide an opportunity for increased interaction and awareness

### Invited Participants

The ISDH invites each comprehensive care facility (nursing home) to send two representatives to the conference. Each facility may select the individuals attending the conference on behalf of their facility. The ISDH recommends individuals such as the facility administrator, director of nursing, or compliance officer. Corporate offices of facilities are also invited to send appropriate representatives.

The ISDH will also be inviting selected professional organizations and individuals to attend the conference. Invited organizations will include the Alzheimer's Association of Greater Indiana, HealthCare Excel, Hoosier Owners and Providers for the Elderly, Indiana Health Care Association, Indiana Hospital Association, Indiana Homes and Services for the Aging, Indiana Assisted Living Federation, Indiana Ombudsman, patient safety coalitions and centers, and United Senior Action. The ISDH will also be inviting academic and legislative partners. All ISDH long term care surveyors will be attending.

### Conference Location

Sagamore Ballroom  
Indiana Convention Center  
100 South Capitol Avenue  
Indianapolis, IN 46225  
<http://www.icclos.com/conv/index.aspx>

### Conference Funding

The conference is primarily funded through the ISDH civil money penalty fund. A small registration fee of \$50 will be charged to pay for meeting costs that cannot be paid by the civil money penalty fund.

### Hotel Information

There are numerous hotels in the immediate vicinity of the Indiana Convention Center. Visit [www.indy.org](http://www.indy.org) for a list of hotels and to check availability. Participants are responsible for making their hotel reservations and any incurred expenses.

Register online today at [www.in.gov/isdh/23260.htm](http://www.in.gov/isdh/23260.htm)

## Preliminary Conference Program: March 24, 2009

The following is a preliminary agenda for the conference. The listed speakers have been confirmed. The times are approximate and may be adjusted as schedules and the program agenda are finalized. All sessions will be in the Sagamore Ballroom of the Indiana Convention Center.

### 7:30 – 8:30 Conference Registration

A continental breakfast will be available for conference participants.

### 8:30 – 8:45 Welcome and Announcements

**Speaker:** Terry Whitson, Assistant Commissioner, Indiana State Department of Health

### 8:45 – 10:00 Medical Aspects of Urinary Incontinence

**Speaker:** Martina F. Mutone, MD, FACOG, Urology of Indiana and Clinical Assistant Professor at Indiana University School of Medicine

*Topic:* Dr. Mutone will discuss the anatomy and physiology of urinary incontinence. She will also cover risk factors and evaluation and management of urinary incontinence.

### 10:00 – 10:15 Break

### 10:15 – 11:30 The Persistent Stigma: Urinary and Fecal Incontinence in the Nursing Home

**Speaker:** Mikel Gray, PhD, FNP, PNP, CUNP, CCN, FAAN, Nurse Practitioner and Professor, Department of Urology, University of Virginia

*Topic:* Urinary and fecal incontinence affect between 50% and 65% of nursing home residents, including many who suffer double (urinary and fecal) incontinence. Research demonstrates that incontinence ranks second only to cognitive decline as a predictor of impaired quality of life among nursing home residents. Despite its devastating effect on quality of life, urinary incontinence was rated as having less impact on residents' quality of life than dementia, falls, unintended weight loss, or pain. Dr. Gray's presentation will review the epidemiology of urinary and fecal incontinence in nursing home residents and explore its impact on quality of life.

### 11:30 – 12:30 Lunch

Lunch will be provided for conference participants in the 500 Ballroom.

### 12:30 – 2:00 Management of Urinary Incontinence, Urinary Tract Infections, and Catheters

**Speaker:** Jeri Ann Lundgren, RN, CWS, CWCN, Director of Wound & Continence Management, Pathway Health Services, Inc.

*Topic:* Ms. Lundgren will discuss the assessment and evaluation of urinary incontinence, identifying types of incontinence and the treatment options. She will also explain the medical justification of indwelling catheters in relation to F315.

### 2:00 – 2:15 Break

### 2:15 – 3:00 F315 - Indiana-Specific Challenges

**Speaker:** Rebecca Bartle, RN, BSN, Hoosier Owners & Providers for the Elderly (HOPE)

*Topic:* Ms. Bartle will discuss the challenges of meeting F315 in managing incontinence care in long term care facilities.

### 3:00 – 3:45 Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes

**Speakers:** Nadine A. Coudret, RN, EdD, Dean College of Nursing and Health Professions, University of Southern Indiana  
Mary Katherine Ehlman, PhD, LNHA, CHES, Director, Center for Healthy Aging and Wellness, Assistant Professor of Gerontology, College of Nursing and Health Professions, University of Southern Indiana

*Topic:* Dr. Coudret and Dr. Ehlman will present a summary of a current study entitled "Assessing the Benefits of Bladder Ultrasound Scanners in Nursing Homes." This study, funded by the Indiana State Department of Health, examines the impact of a bladder ultrasound scanner in four nursing homes in Southern Indiana.

### 3:45 – 4:00 ISDH Review

**Speaker:** Burton L. Garten, Director of Program Development, Indiana State Department of Health

*Topic:* Mr. Garten will review the resources provided on the CDs given to the conference attendees.

### 4:00 Adjourn

## Continuing Education Units

Continuing education units will be available for social workers and health facility administrators. Participants requiring continuing education units should complete continuing education forms and return to conference staff at the close of the conference.

## Save the Date for the next Leadership Conference

The Indiana State Department of Health is planning the next Indiana Long Term Care Leadership Conference for **September 17, 2009**. The conference will focus on recruiting, training, and retention of long term care staff. Make plans to attend!





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Indiana Long Term Care  
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C/O Meeting Services Unlimited  
135 S. Mitthoeffer Rd.  
Indianapolis, IN 46229



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